

Finding Balance

	Aspects of Work	Balance	Ask Yourself:	Your Answer
1	Passion	Core versus New Business	Where is your passion?	
2	Leadership	Traditional versus Intrapreneurial	What are your leadership traits?	
3	Posture	Loyal or Independent	How do you relate to the organization?	
4	Approach	People or Process	How do you approach work?	
5	Goals	Profit or Purpose	What are you trying to achieve?	
6	Priorities	Short versus Long Term	Where is your focus?	
7	Results	Revenue versus Value	How do you define success?	
8	Competence	Conformity versus Differentiation	What makes you stand out?	
9	Creativity	Incremental or Disruptive	How visionary are your ideas?	
10	Compassion	Tough Minded or Empathic	Are you realistic or compassionate?	
11	Relationships	Competitive or Collaborative	How do you relate to others?	
12	Presence	Poised versus Passionate	How do others perceive you?	
13	Engagement	Direction or Autonomy	What keeps you engaged?	
14	Self-Awareness	Confident or Competent	How well do you know yourself?	
15	Motivation	Exploitation or Exploration	What keeps you motivated?	
16	Mindset	Challenge versus Possibility	How do you see the world?	
17	Thinking Process	Logical or Creative	How do you collect & process information?	
18	Decision Making	Factual or Intuitive	How do you make decisions?	
19	Taking Action	Task or Action Oriented	How proactive are you at work?	
20	Influences	Knowledge or Experience	What inspires you take action?	